

RECTAL PREPARATION

This prep is for surgeries that involve incisions at or closely adjacent to the rectum/anus. In order to prevent infection, it is extremely important not to have stool present in the rectum at the time of surgery. To assure a good surgical outcome with the least chance for complications, we ask that you do an enema bowel preparation prior to your surgery.

- Purchase 2-3 Fleet Enemas (green box) from any drugstore, along with Milk of Magnesia
- At noon, the day before your surgery, take two tablespoons of Milk of Magnesia
- Fleet enemas should be self administered starting at **6 PM** the night prior to surgery
- Repeat the enema up to a total of three enemas until there is only clear return and no stool
- Remember, nothing by mouth after midnight the night prior to your surgery